ENJOYING PLANNED RETIREMENT INC.

EPR

Certificate of Incorporation Reg. No. A0012920H ABN No. 256 141 810 55

JUNE 2025 NEWSLETTER

Website epr.org.au

We meet at our Studio at the rear of the Norwood Park Community Centre,
125a Warrandyte Road , Ringwood North Vic 3134. Melways ref 49J5

Our mailing address for all correspondence is PO Box 2330, Ringwood North, Vic 3134

President' Report

We are now coming into Winter, we already have had quite chilly and cold weather, wrap up and keep warm. Please take note that according to the Newspaper, Covid is out and about again, take care.

Last Wednesday Ray and I and EPR Members attended John Ruse's Memorial Service in Lilydale. You will see my Article in this Newsletter. On behalf of all our Members, we send our Condolences to Pauline and her family. John will be sadly missed by EPR Members and friends.

We have had a lot of construction work done around the area of EPR and Seniors Grounds. It is all looking very different now. We have a new wide path up to our front door, and foot paths on both sides of the car parks, up to the front of the buildings. Also opposite the front is a large carpark area. All the car parking areas at Norwood Park are being in the process of being asphalted. We will all be happy when they have been finished. We are looking forward to when our small Storage Room will be completed, next to the Seniors Building. There are some objects that we will be able to put there from our Storeroom in the Studio.

There were a few problems with our Front Door and the Alarm System wasn't working properly, thankfully Daniel Hearn from Council has been to check them out and maintenance from Council have been able to fix the problems.

On Sunday the 15th June, there will be a **Postie Fashion Sale** in the Studio at 2.00 pm. See article in this Newsletter.

We will be looking forward to having a General Meeting in the Studio on Saturday, 21st June at 2.00 pm. Marion Wheatland will be our Guest Speaker. Come along and join in on the demonstration and enjoy the display. - See more information below.
Later we will have a cuppa and biscuits afterwards.

See you all in June. Keep warm *Judy Stolz*

The next GENERAL MEETING

will be held on Saturday 21st June at 2pm in the Studio.

Our Guest Speaker will be Marion Wheatland. For many years now, Marion has been successfully teaching people to spin, to take pride in the creative process of turning fibre into yarn. Come and hear about the whole enjoyable process, from Fleece to garment. You will be so inspired, that you may even want to try it yourself!

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Regular Activities: Pages 8,9,10

Sing For Fun, Chat Comedy and Coffee, Crazy Whist, Gentle Exercise Class, Create a Card Classes, Hand and Foot Cards, Mahjong, Table Tennis, Wine Group

Bicycle Group schedule

Every Sat 9.30am unless otherwise stated.
Weather permitting

New Members welcome

Convener David Lovett 0407 002 561

Date	Meeting Place	Melway
7th June	Launching Place	287H6
14th June	Bayswater Park to Vermont	64F3
21st June	Eltham at miniature railway to Petty's Orchard	21 H10
28th June	Bayswater park to Croydon	64F3
5th July	Beasleys towards Mullum Mullum	34F2
12th July	Bayswater Park to Boronia	64F3
19th July	Outer circle railway Kew to Balwyn park in Adeney Ave beside Park	45G4
26th July	Bayswater Park to Vermont	64F3
2nd Aug	Lilydale Lake	38F7
9th Aug	Bayswater Park to Vermont	64F3

EPR Committee for 2025

President	**Judy Stolz**
Vice President	**Vacant**
Secretary	**Mala Miles**
Treasurer	**Owen Davies**
Membership Secretary	**Conny Ellison** (Will be retiring from this position when a replacement is found)
Welcome to new Members	**Now Vacant**
Almoner	**Irene Pomeroy**
Newsletter Editor/Web Site Admin	**Ray Stolz**
Co-ordinator of Convenors	**Derek Elmer**
Representative of the Social Group	**Marlene Watts**

Remembering John Ruse - 27th July 1931 to 10th May 2025

John Ruse suffered from a long illness and recently had a fall. He was admitted to Maroondah Hospital and sadly passed away on 10th May. A Memorial Service was held on the 21st May at William Matthews Funerals Lilydale, which was well attended by Family and friends and EPR Members.
Pauline asked Judy as President of EPR, to give a talk about EPR. Judy was very happy to do so.

"John and Pauline Ruse have been Members of EPR for the last 40 years or more. They were not only members: They were Leaders of EPR, along with Leo and Barbara Mioni, June and Ron Ginger, Eda and Lou Ashworth. June Ginger organised Bus Trips with John and Leo helping with the Members. The Bus Trips, travelled all over Australia, to Darwin the Northan Territory, across the Nullarbor to Perth. They also have been up the East Coast of N.S.W. and Queensland. They also have toured around Victoria, even ventured to New Zealand and other places.

When 4C's – (Caravans, Cabins, Camping and Companionship) started, Members over the years, travelled all over Victoria. John Ruse made the "Bright Spark Award" to present to people who performed the best at the Traditional Concert held on the last night of the camp. John handmade different awards each time. Each award was crafted in timber, magnificently designed with a "Sparkplug" centred in the middle of the award.

John enjoyed making his awards at home in his tool shed, where he also made the props for the Shows. He repainted chairs, made the Bar for the Stage which was a great success. John also made the Scenery Stage Flats for each Show. He also enjoyed working Back Stage on Spotlighters and Etag. He made sure everyone was on time and kept the performers in line.

At a ***Christmas in July*** Event John Ruse was presented his 80th Birthday Cake, by "The Mystery Lady" in Masquerade (June Ginger), who also presented John an Award from E.P.R. for his contribution over the years. This included all the work that he loved to do for EPR. The Lectern standing in the Studio was made by John. He also put the wheels on the piano to easily move it around. John also did the same with the barbie, he put wheels on it to move around, especially for Bocce and was a great help to Leo. John made a special surprise, a Royal Throne for "Monsignor Luigi Mioni" (Leo) reaching his 80th Birthday at his "Italian Night" on Sat. May 8th 2010.

In October, 2011 John placed the Royal Throne on the Stage in the Seniors Main Hall for Pauline's Coronation, for the 1st Chapter of the EPR Red Hats, "The High Blushers". I had the honour of Crowning Pauline "Queen of Sheba" while Her Majesty sat on the Royal Throne in all of her Regalia.

For quite a few years, Ray and I enjoyed meeting John and Pauline at the Club Ringwood on Sunday Morning for Coffee. Leo and Barbara Mioni, Eda Ashworth and June Ginger were regular Members, along with others who enjoyed our Sunday Morning.

John will be sadly missed, not only by his family, but members and friends of EPR."

Sincerely *Judy Stolz*

Postie Fashions Sale Day. Sunday 15th June at 2pm.

Joanne from Postie fashions is coming along to the Studio again with some heavily discounted items for sale as they move into their new range. Prices will range from $25, $40, $50, however it will be cash only…**NO CREDIT CARD** facility available.
We know everyone likes a bargain and here is your chance to snap up an item or two.
Do come along, bring a friend and join in the fun with a welcome cuppa to follow.

Social Group Committee.

MEMBERSHIP REPORT June 2025

Since our last newsletter we have had the following four new members join EPR:

Barbara Gilsenan, Marg Gillespie

Geraldine O'Neil, Bronwyn Palmer

We would like to welcome these ladies and invite them to take part in the various activities that EPR offers.

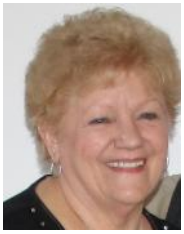
We now we have a total of 138 members.

As advised previously, we are looking for a NEW MEMBERSHIP SECRETARY.

Please refer to page 5 for more information.

Regards *Conny Ellison* Membership Secretary Tel 9726 6370

Almoners Report as at 28th May 2025



Hi everyone.

Mrs. Margaret Bennett had a bad fall and needs a lot of rest.

Vale: Sadly, John Ruse passed away on 10th Mary 2025 after a long illness and a recent fall, and we offer our condolences to Pauline and Family.

An outline of John's outstanding service to EPR is on page three.

Keep well and safe. Regards ***Irene Pomeroy***

EPR URGENTLY NEEDS
Members to fill the Committee Positions below.

MEMBERSHIP SECRETARY - VACANCY

Conny Ellison advised the EPR Committee at the end of last year that although she had enjoyed being the Membership Secretary for six years, she now wished to pass this position onto someone else, but **will stay on to train up a new nominee into the position.** This was advised to Members in an email Bulletin on the 23rd March 2025 and in the April 2025 Newsletter.

The bulk of the work for the Membership Secretary has been done for this financial year. The main role for the next few months would be enrolling new members and writing reports for the newsletter.

Unfortunately no one has responded to the request.

The Membership Secretary is one of the most important and critical positions of our Club and we would not be able to operate EPR without one.
We cannot expect Conny to continue indefinitely with the present situation.

Please give thought to taking on this role and if you think you would be able to handle it, please call Conny on **9726 6370** as soon as possible to discuss it.

NEWSLETTER EDITOR - VACANCY.

This position will be vacant from 1st October 2025, being the start of our new Financial Year,

I have been the EPR Newsletter Editor for twelve years, which I have enjoyed and found fulfilling, but I would now like to pass the baton onto someone else in October 2025.

I am very happy to train a new person in the meantime.

I produce The EPR Newsletter using **Microsoft Publisher.** This Computer Application has been available for many years, and has been used by various EPR Newsletter Editors over the years.

If you would be interested in this position please call me on **0412 800 332** to discuss what is involved.

Regards *Ray Stolz*

WELCOME TO NEW MEMBERS - VACANCY

Gwen Thomas has held this position since 2023.
Unfortunately, Gwen has now had to resign from this position because of her health concerns.
We wish Gwen well and thank her for her service.

This position involves contacting new members to EPR by phone and welcoming them to our Club.

If you are interested in this position, please ring Judy Stolz on **0412 407 337**

DINE OUT

DATE: Thursday 26 June

TIME: 12 Noon

VENUE: Olinda Creek Hotel

161 Main Street, Lilydale

Everyone is welcome to come along and enjoy the food and the company.

If you would like to join us please let me or Beryl know by Tues 24th so, I can confirm numbers with the venue.

Conny Ellison ph 9726 6370 Beryl Reeves ph 0408 506 228

Our menu has something for everyone, from fresh seafood, steaks, pastas, salads and all the pub classics you know and love. We aim to keep everyone happy, plus a delicious and affordable seniors menu.

Olinda Creek Management.

Poor attendance at the visit by The Peter Pitman.

Dear Members:

It is very disheartening for the Social Group to run an event and have it so poorly attended, as was the case with Peter Pitman the Gardener on May 8th when only 16 people came: 4 of which were from the Social Group.
Quite a lot organisation goes into preparing these afternoons for the enjoyment of our Members. Please support us.

If anyone has any ideas on what they would like run, we would love to hear from you.

Regards *Marlene Watts*

Social Group Representative. Mob 0414 242 050

EPR EVENTS CALENDAR 2025

Date	Event	Place	Time	Notes
21st June	General Meeting	Studio	2pm	
26th June	Dine Out	Olinda Creek Hotel	12noon	See article in this Newsletter
11th October	Cliché Fashion Parade	Main Hall Norwood Park	1.30pm	Full details will be provided closer to the date

Postie Fashions

Pauline

On Saturday the 12th April, thirty members had an enjoyable afternoon when Joanne, from ***Postie Fashions***, came along to present garments from their latest range of fashions. We got off to a good start when Joanne kindly donated two lovely scarves as door prizes. The first one being won by Mala's good friend Noni Imberger and the second one by Pauline McKeown. (Pauline had only been home a few days after a hip operation).

As always it is good to see the latest styles and Joanne did a great job of demonstrating how to mix and match the various designs and colours on offer.
Needless to say many of us were tempted to make a purchase! The afternoon was nicely rounded off with a cuppa and biscuits. Thank you to all those who came along and made this such a lovely chance to catch up and chat and special thanks to those who helped on the day.

Social Group Committee.

Peter Pitman

On Thursday 8th May Peter and Joan Pitman kindly visited the Studio again and brought a fantastic range of colourful plants to tempt us to get busy in the garden and many of us went home with a pot or two. Peter gave us lots of helpful gardening advice and happily answered any questions.
Thank you to those members who supported this event however it was disappointing that only 16 members were able to benefit from Peter's expertise.

Social Group Committee.

Hand and Foot Card Games (Similar to *Canasta*)

Hand and Foot afternoons are held in the EPR Studio from 1pm to 4pm on the **first Saturday of each month and** on the **3rd Monday of each month.**

If you are interested in attending these events as a beginner, or regular player, please contact me on **9801 7193** so that I can organise the days.
I look forward to seeing you there. Regards ***Helen Thornhill***

TABLE TENNIS VACANCIES

We have some vacancies for Table Tennis played in the EPR Studio.
This is a Social evening with good exercise thrown in!
If you are interested in playing, please give me a call.
We play on Wednesday evenings.

Derek Elmer Convenor Tel. 0413 224 913

"*Sing For Fun*"

SING FOR FUN takes place every Thursday in the EPR Studio at 10.30 am.
You do not have to be a good singer- just enjoy singing for the fun of it!

There are **no auditions or charge and the words of each song are displayed on our TV screen in large letters.**
We have a large choice of songs and enjoy a cuppa and social chat at half time.
No need to book.
Ray Stolz: 9735 0026 Convenor and Pianist. Judy Stolz: Assistant.

Coffee, Chat and Comedy

Hi Everyone.

Come along and enjoy a get together: Have tea or coffee, meet new friends, have a few laughs. Bring a friend along. Bring some nibblies if you wish.

TIME: 2-4pm on the first Thursday in the Month. .

Venue: EPR STUDIO. Hope to see you there!!

Regards, **Cec McKeown Convenor 9870 3709**

Crazy Whist takes place on the last Saturday of each month.

From 1pm to 4pm

Our next Crazy Whist Days will be on 28th June

Entry cost is $3.00.

There will be a Door Prize and Presents for First, and Last.

I would also like each person to bring a *SMALL* plate to share.

Thank you. All Welcome.

Convenor: Marlene Watts - mob **0414 242 050**

Also, I would like to thank Lois Hewson for her longtime help and previous service as Joint Convenor of Crazy Whist. Regards **Marlene.**

The Wine Group

The Wine Group takes place on the 3rd Tuesday of each month at 4pm in the Studio.

Please contact me for further information.

Regards **Pauline Ruse 0408 517 293**

MAHJONG

We meet in the Studio on every 2nd & 4th Tuesday of each month at 2pm.

New Members welcome. Lessons given beforehand if required

Please contact **Sue Ting** (New Convenor), if interested. **Mob 041 932 1549**

The Committee would like to thank **Barbara Tibb** for her previous time and dedication for a number of years, as the original Convenor of Mahjong at EPR.

Prime Time Gentle Exercise Vacancies

Classes are held every Friday at 10.30 in the Studio.
If you are interested in joining the class, please give me a ring.

Regards Bettina Herbert 0409 767 284

Create-a-Card *Card making Group*

My ***"Create-a-Card"*** card making Group takes place on the 3rd and 4th Thursday of the month from 1.00pm to 4.00pm in the Studio.

Note: This is about **making cards for all occasions**, not **playing cards**!

Please contact me if you would like to join my Groups and I will then give you details of dates, costs and materials required.

Regards *Irene Pomeroy* Convenor. 9725 6084